



2022-2023

SCHOOL YEAR

LASARA ISD



RETURNS

TO SCHOOL

CONTENT



- CALENDAR
- INSTRUCTIONAL METHOD
- SAFETY PROTOCOLS
- HEALTH SERVICES
- FACILITIES
- CHILD NUTRITION
- TRANSPORTATION
- STUDENT ACTIVITIES
- SOCIAL EMOTIONAL SUPPORT

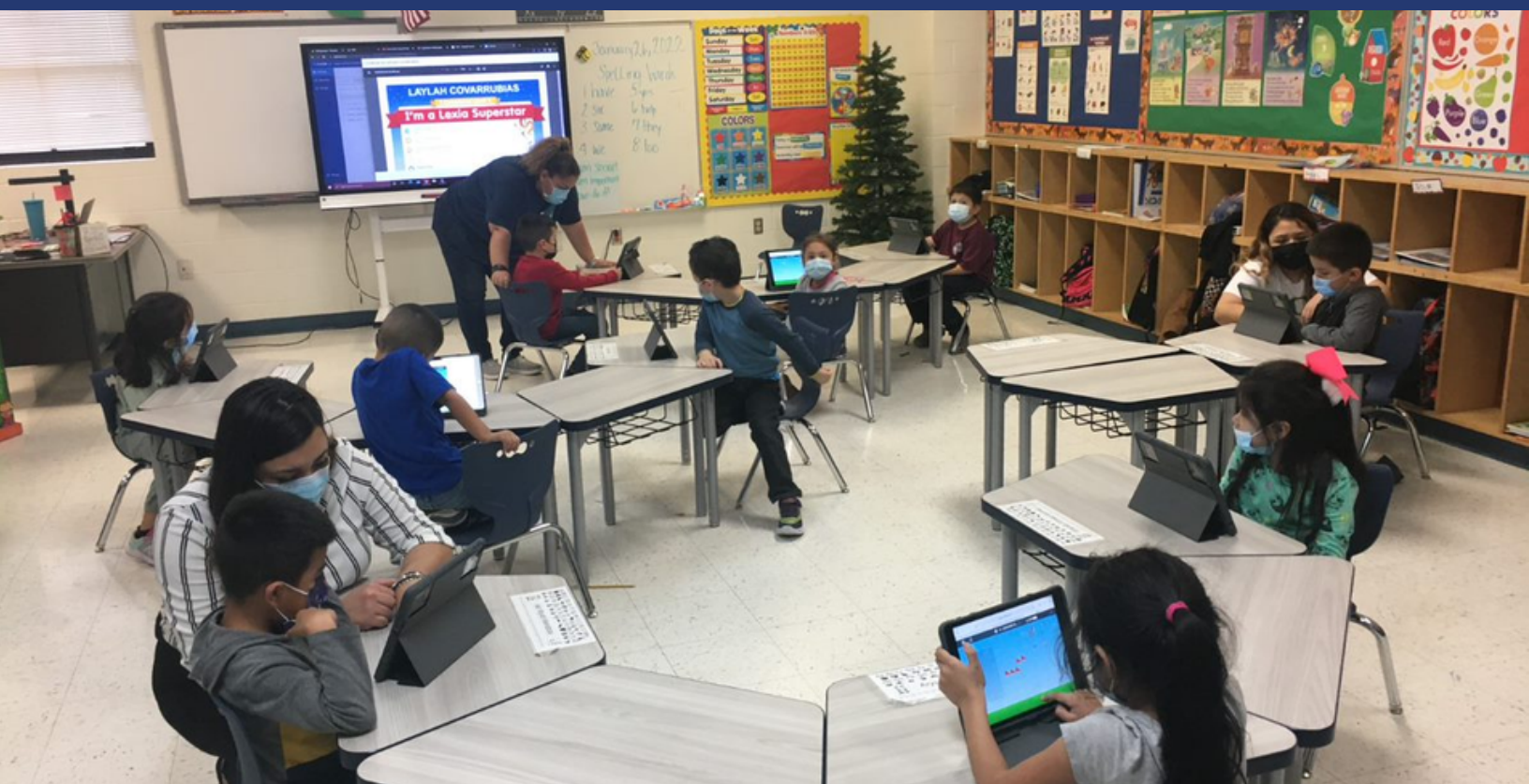


2022-2023 ACADEMIC CALENDAR

<h3>July 2022</h3> <table border="1"> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td></td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td></td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td></td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>							1	2	3	4	5	6	7	8	9		10	11	12	13	14	15	16		17	18	19	20	21	22	23		24	25	26	27	28	29	30		31								<h3>SEMESTER DAYS</h3> <p>1st Six Weeks Aug.1-Sept.8 29 Days 2nd Six Weeks Sept.13-Oct.20 28 Days 3rd Six Weeks Oct.25-Dec.16 29 Days 4th Six Weeks Jan.17-Feb.23 26 Days 5th Six Weeks Feb.27-Apr.28 28 Days 6th Six Weeks May1-June 8 28 days</p> <p>Total Semester Days 168</p>	<h3>January 2023</h3> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31																	
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INSTRUCTIONAL METHOD

- All instruction will be delivered in a traditional classroom setting with safety protocols in place
- Students will receive 100% real time instruction following a regular class schedule



SAFETY PROTOCOLS

- LISD will prioritize student and staff well'being, health, and safety by continued implementation of the following protocols
 - Cleaning, sanitizing , and disinfecting
 - LIST will continue daily cleaning and disinfection of facilities, especially high trafic and high touch areas.
 - LISD will continue to monitor CDC guidelines and will maintain communication with the Texas Department of State Health Services to ensure we implement and follow the safest cleaning and sanitizing protocols
 - The wearing of masks and social distance protocols will be recommended in alignment with CDC recommendations



HEALTH SERVICES

- Our campus nurse will continue to be our point of contact for the health and safety of our school community.
 - She will continue to educate our students on the importance of:
 - handwashing
 - social distancing
 - symptom identification
- The nurse will also be our lead for:
 - health screenings
 - hand sanitation
 - surface sanitation
 - social distancing practices
- LISD parents and community members play an important role in keeping our students safe. Prior to sending students to school, please screen them for symptoms at home. If the students or any other members of the household should display symptoms please keep them at home

HEALTH SERVICES CONTINUED

- cough, sore throat, fever or chills, diarrhea, muscle or body aches, headache, fatigue, congestion or runny nose, nausea or vomiting, new loss of taste or smell, shortness of breath or difficulty breathing, temperature of 100 degrees or higher.
- The campus nurse will address any illness by screening students for symptoms. The nurse will:
 - call the parent
 - monitor fever and/or symptoms
- When to Isolate according to CDC
 - Regardless of vaccination status, you should isolate from others when you have COVID-19. You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results. If your results are positive, follow the full isolation recommendations below. If your results are negative, you can end your isolation.

HEALTH SERVICES CONTINUED

- If you test Negative, you can end your isolation
- If you test Positive, follow the full isolation recommendations below.
 - When you have COVID-19, isolation is counted in days, as follows:
- If you had no symptoms
 - Day 0 is the day you were tested (not the day you received your positive test result)
 - Day 1 is the first full day following the day you were tested
 - If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset
- If you had symptoms
 - Day 0 of isolation is the day of symptom onset, regardless of when you tested positive
 - Day 1 is the first full day after the day your symptoms started



HEALTH SERVICES CONTINUED

- Isolation

- If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days.

- Wear a high-quality mask if you must be around others at home and in public.
 - Do not go places where you are unable to wear a mask. For travel guidance, see CDC's Travel webpage.
 - Do not travel.
 - Stay home and separate from others as much as possible.
 - Use a separate bathroom, if possible.
 - Take steps to improve ventilation at home, if possible.
 - Don't share personal household items, like cups, towels, and utensils.
 - Monitor your symptoms. If you have an emergency warning sign (like trouble breathing), seek emergency medical care immediately.

HEALTH SERVICES CONTINUED

- Ending Isolation
 - End isolation based on how serious your COVID-19 symptoms were.
 - If you had no symptoms
 - You may end isolation after day 5.
 - If you had symptoms
 - You may end isolation after day 5 if:
 - You are fever-free for 24 hours (without the use of fever-reducing medication)
 - Your symptoms are improving
 - If you still have fever or your other symptoms have not improved, continue to isolate until they improve.
 - If you had moderate illness (if you experienced shortness of breath or had difficulty breathing), or severe illness (you were hospitalized) due to COVID-19, or you have a weakened immune system, you need to isolate through day 10.

HEALTH SERVICES CONTINUED

- If you had severe illness or have a weakened immune system, consult your doctor before ending isolation. Ending isolation without a viral test may not be an option for you.
- If you are unsure if your symptoms are moderate or severe or if you have a weakened immune system, talk to a healthcare provider for further guidance.

SCHOOL FACILITIES

- maintaining a safe and clean learning environment for our students and staff will continue to be our top priority. We will ensure this by:
 - installation and maintenance of hand sanitizing stations throughout the campus
 - water filling stations have replaced water fountains
 - all school facilities will be cleaned and sanitized daily



CHILD NUTRITION

- LISD will continue to ensure we can safely provide meals meals to our students
 - During the day
 - social distancing, to the greatest extent possible, will be observed
 - Food deliveries
 - food deliveries by parents will be allowed as in years past
 - Packed lunches
 - students will be allowed to bring packed lunches from home



STUDENT TRANSPORTATION

- School buses will be thoroughly cleaned and sanitized daily, between routes, and at the end of the day using sanitizing products with residual technologies.
- While riding the bus
 - all buses have sanitizer dispensers
 - students are encouraged to sanitize their hands when boarding the bus and exiting the bus
 - students will be encouraged to sit as far apart as possible given the available seating on the bus



EXTRACURRICULAR ACTIVITIES

- LISD will allow all extracurricular activities during the 2022-2023 school year
- Safety guidelines will align with those of LISD, the University Interscholastic League (UIL), the Texas Education Agency (TEA), and local and state health officials



SOCIAL & EMOTIONAL SUPPORT

- posted resources on school website via counselor's link
- Individual and group counseling sessions were offered through TEAMS and in-person when possible
- Second Step SEL Curriculum lessons took place through classroom lessons
- A calming/play therapy room was created and furnished
- Rhithm program was introduced to our students
- TCHATT presented to our staff on self-care and meditation
- Thankful Thursday and Social Committee activities were ongoing to maintain a high level of staff morale

